



## WHAT ARE THE EFFECTS OF OBPP?

**Olweus Bullying Prevention Program (OBPP)** has been more thoroughly evaluated than any other bullying prevention and bullying reduction program so far. Several large-scale studies of **OBPP's** effectiveness show the following:

- Reductions of 20 to 70 percent in reports of students being bullied and bullying others.
- Marked reductions of antisocial behavior, such as vandalism, fighting, theft, and truancy among students.
- Clear improvements in classroom social climate, as reflected in reports of improved order and discipline, more positive social relationships, and more positive attitudes toward schoolwork and school among students.
- For students in elementary grades, most of the positive results can be seen after only eight months of intervention, given reasonably good implementation of the program. For students in middle school grades, it may take somewhat longer to achieve these results. Schools that implement with greater fidelity to the OBPP model have typically shown the most positive results.

**BiasHELP** is certified to provide the Olweus Bullying Prevention Program (OBPP), which is the most researched and best-known bullying prevention program available today.

Olweus Bullying Prevention Program is designed for school settings at both the classroom, and individual levels, and includes methods to reach out to parents and the community for involvement and support. School administrators, teachers, and other staff are primarily responsible for introducing and implementing the program. These efforts are designed to improve peer relations and make the school a safer and more positive place for students to learn and develop.

OBPP is widely recognized as a model program by federal agencies like SAMHSA. Its effectiveness stems from its involvement of everyone from individuals through entire communities crafting an ongoing solution to bullying.

**Two day training includes 12 consultation sessions (cost \$4500\*—excludes program supplies)**

\*This training does not include any training materials. Schools & organizations can order their own materials directly from Hazelden Publishing.

**Completion of the Olweus Bullying Prevention Program meets the requirements for compliance with the New York State Dignity for All Students Act.**

If you are interested in any of our programs or want to report bullying, technobullying or any bias incident call the

**BiasHELP hotline at 1-877-363-2427**

visit our websites at

**BiasHELP.org** or **STOPtechNObullying.org**  
or e-mail **Education@biashelp.org**

BiasHELP, Inc.

60 Adams Avenue

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# MIRROR IMAGES

## Diversity Training

Our nationally distributed and acclaimed Mirror Images DVD series presents an alternative to traditional diversity education tools that often leave participants feeling guilty, resentful or bored.



Individuals featured in the series reflect on their challenges as minorities, their successes, and their predictions for America's increasingly diverse future. Their stories help others better understand issues facing Black, Hispanic, Jewish and lesbian, gay, bisexual and transgender (LGBT) communities and put a human face on our time's most contentious debates.



The response to "Mirror Images" continues to be phenomenal, with dozens of companies, college campuses, healthcare facilities and non-profits nationwide adopting the series as the centerpiece of their diversity training and cultural competence activities.





## MIRROR IMAGES

This nationally distributed and acclaimed DVD series addresses issues of race, ethnicity, religion and sexual orientation through the eyes of men and women 12-80.

### Prices to purchase the Mirror Images DVD series:

**\$299** for Education Institutions and Non-profits

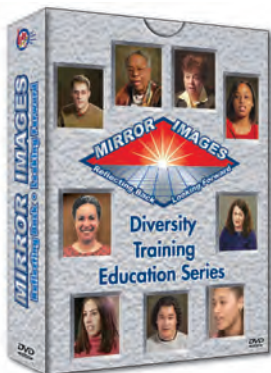
**\$399** for Federal, State, Local Government and First Responders

**\$599** for Businesses and Corporations

**\$9.95** for shipping & handling

**BiasHELP** staff are available to conduct trainings as well. **Please call for pricing.**

Visit us online at [mirrorimagesdvd.com](http://mirrorimagesdvd.com)



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# VOICE

AGAINST VIOLENCE & OPPRESSION IN COMMUNITIES EVERYWHERE  
A PROJECT OF BIASHELP, INC.

A VOICE fosters unity and respect among diverse communities by making an impact among families and vulnerable children at four levels:



## INDIVIDUAL

- Conducting Anti-Bias Educational Programs on Topics such as Bullying, Technobullying/Cyberbullying, Youth Violence, Hate Crimes, Stereotypes and Cultural Diversity

Multiple Session Program  
"Family Voices"

## FAMILY



- Enhancing Communication Skills between Youth and Families
- Providing Concrete Strategies for Youth to Avoid Conflicts
- Providing Youth with Tools to Resist Peer Pressure



## AGENCY

- Providing Technical Assistance and Trainings for Youth-Serving Professionals



## COMMUNITY

- Organizing Community Events to Celebrate Diversity and Unity

**TOLL FREE  
BIASHELP HOTLINE  
1-877-363-2427**



## OUR HISTORY:

Against Violence and Oppression in Communities Everywhere (A VOICE), a project of BiasHELP, was created in response to the murder of Marcelo Lucero in Patchogue. The incident marked a reality on Long Island of communities divided and disconnected due to miscommunication and ignorance. We realized that the A VOICE project could act as a conduit for unity and understanding within communities to create change. Following its inception, the A VOICE project has brought diverse families and organizations together through the coalition and Family Voices educational workshops to create positive change and lessen violence within the community.

## MISSION STATEMENT:

The mission of the A VOICE Project is to be a powerful, unified voice and a resource for member organizations who are committed to developing healthy and safe communities on Long Island.

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# EDUCATIONAL Workshops & Staff DEVELOPMENT

Education is the best way to combat discrimination, harassment and violence. Our talented team of skilled educators conducts tailored trainings in schools, corporate and business settings, government agencies, non-profit agencies, and faith-based organizations. Our professional staff reflects the diverse communities we serve and our programs address bias, discrimination and violence against all populations. We talk about the tough issues: racism; anti-Semitism; homophobia; and other forms of discrimination, including sexual harassment.

Our workshops also address bullying, cyberbullying, youth violence and emergent controversies such as immigration in a thoughtful and direct way, leaving a lasting impression. We don't shy away from some topics because they're too controversial; instead we propose new ways of talking and thinking about the tough issues as we work to enhance understanding and acceptance.

## **Hate Crimes**

Young people commit the vast majority of hate crimes reported today and both bullying and technobullying are on the rise. Innovative community and school-based educational initiatives are central to BiasHELP's purpose, and we've prioritized interventions for young people.

## **Bias/Hate Crimes Workshops**

BiasHELP provides fee-based workshops and education sessions to those who have committed bias offenses. Sessions are designed to address specific offenses and particular prejudices, but also address bias and stereotypes against all populations. Referrals to this program come from the courts, probation departments, youth organizations, schools and parents.

## **Youth Violence Prevention Workshops**

BiasHELP conducts specially-tailored violence prevention workshops and trainings for teachers, school administrators and human service professionals on a wide variety of topics including bullying, technobullying, relational aggression, LGBTQ, NYS Hate Crimes law, cultural sensitivity, youth violence, gender bias, as well as ongoing technical assistance related to managing differences, conflict resolution, crisis management, and policy formulation.

## **Bias/Hate Crimes Workshops: BiasHELP staff will work with individuals or groups**

Participants (perpetrators) will be assessed by staff and a report will be made available to their probation officers (if requested).

*Prices for individuals:*

**4 sessions (4.5 hours total) for \$500**

*Price for groups:*

**Please call for special pricing**

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# *What is* **Bullying?**

Bullying is when a person or a group repeatedly target an individual with the intent to cause harm. It involves an imbalance of power or strength, which goes on for a period of time. This is a form of peer abuse.

## **Bullying comes in all forms**

- Hitting, kicking, shoving, spitting
- Social exclusion or isolation
- Spreading lies or rumors
- Having money or other things taken
- Damaging personal property

## **Statistics**

- Bullying is a widespread problem in our schools and communities.
- Approximately 20% of high school students, 40% of 6th graders and 90% of LGBT students reported being bullied on school property in the past 12 months
- 20% of high school students say they have seriously considered suicide within the last 12 months
- 160,000 kids in this country stay home from school for fear of being bullied



## **Prevention Programs/Workshops**

BiasHELP staff conducts specially-tailored workshops and trainings to youth and adults on a wide variety of topics:

- ✓ The Continuum of Prejudicial Behavior
- ✓ NYS Hate Crimes Law
- ✓ Stereotypes/Cultural Diversity
- ✓ Bullying/Technobullying
- ✓ Violence Prevention
- ✓ Gangs
- ✓ Youth Violence/Relational Aggression
- ✓ Sexual Harassment/Gender Bias
- ✓ Anger Management
- ✓ Suicide Prevention
- ✓ LGBTQ Issues

## **Pricing for the trainings/workshops:**

\$200/45 min • \$400/Half Day • \$600 Full Day

## **Staff Development Trainings**

BiasHELP staff conducts specially-tailored workshops and trainings to staff of schools and organizations on a wide variety of topics.

✓see above topics • \$600 & up/Staff Training

## **Anger Management Workshops**

BiasHELP staff are trained in Moral Recognition Therapy (MRT) and are available to facilitate group anger management workshops that are court mandated or voluntary. We accept referrals from the courts, probation departments, schools & organizations.

\*Weekly sessions start at \$150 per session

\*Educational materials priced separately

## **Technical assistance to youth serving organizations with LINCS**

BiasHELP staff will work with organizations to assist in strengthening their infrastructure and management teams, enhancing fiscal accountability and better demonstrate management programmatic outcomes.

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# DIGNITY FOR ALL STUDENTS ACT

The **Dignity for All Students Act (DASA)** is intended to give students in public schools an educational environment free from discrimination and harassment. It protects against all forms of harassment, particularly those based on a student's actual or perceived race, color, weight, national origin, ethnic group, religion, religious practice, disability, sexual orientation, gender or sex.

The Dignity Act will prohibit activities that create a hostile environment at school and school sponsored events. These activities can include aggressive conduct, threats, intimidation or abuse that unreasonably and substantially interferes with another student's educational performance. The Dignity Act also creates a framework for promoting a more positive school culture through sensitivity training and classroom curricula on diversity.

## HOW WILL THE DIGNITY ACT WORK?

- The Dignity Act amends state education law to require that schools incorporate curricula on diversity and sensitivity into lessons on civility and citizenship.
- One employee from each school will need to attend an intensive training program. This person will become the school's designated contact for handling bullying. They will be trained to recognize and respond effectively to harassment and bullying, and implement strategies to prevent it.

- Incidents of bullying will be reported to the New York State Education Department on at least an annual basis so the state can evaluate schools' performance. Your local school district will probably manage reporting.
- Schools and districts will need to draft age-appropriate, plain language versions of the statute to appear in student codes of conduct.

Although, Olweus Bullying Prevention Program insures compliance for the New York State Dignity for All Students Act (DASA), many schools may be unable to make an ongoing commitment to an evidence based program such as Olweus.

For schools interested in another option BiasHELP will provide DASA specific compliance training. This training will cover all aspects of the law and prepare participating schools for compliance.

### ***Training Costs***

One day training

\$750.00 per school; (up to 10 people)

**Each additional staff \$100.00**

### **OVERVIEW OF TRAINING**

- Updating Anti Bullying Policies & Guidelines.
- Awareness of sensitivity issues facing staff.
- Recognize, respond and report bullying and harassment.
- Strategies on preventing bullying and harassment.

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