

# NOW WHAT?

**Call Our Toll-Free Hotline**  
**1-877-TO-LIAAC**

**OTHER HELPFUL NUMBERS**  
**New York State**  
**HIV/AIDS Hotlines**

## **English**

1-800-541-AIDS

## **Spanish**

1-800-233-SIDA

## **Counseling**

1-800-872-2777

**Advocacy Information**  
**for LGBT Seniors**  
**BiasHELP, Inc.**

1-631-479-6015

**Suffolk County**  
**Office for the Aging**

1-631-853-8200

**Nassau County**  
**Office for the Aging**

1-516-227-8900

**New York State**  
**Office for the Aging**

1-800-342-9871

**THINK YOU'RE TOO OLD FOR HIV?**  
The CDC estimates that by 2015  
more than half of those infected with  
HIV will be older than 50 years of age.



## **THE SEASONED ADULT PROJECT**

### **Provides:**

- ✓ HIV Testing
- ✓ Facilitation of Hepatitis C Testing
- ✓ Immediate "Fast Tracking" into Case Management
- ✓ Immediate "Fast Tracking" into Substance Abuse Treatment
- ✓ HIV/HepC/STD Risk Reduction Education & Assessments
- ✓ Referrals for Primary Health Care, Mental Health Treatment & Other Community Based Services

For **FREE** confidential  
**HIV** testing call:  
**1-877-865-4222**

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## **THE SEASONED ADULT PROJECT**

- ✓  GET INFORMED
- ✓  GET TESTED



**HIV** Affects Even Those Over 50!  
For More Information call  
**1-877-TO-LIAAC**  
**1-877-865-4222**



## THE SEASONED ADULT PROJECT IS...

...designed to prevent and reduce substance abuse and the transmission of HIV, Hepatitis C and other infectious diseases among older adults. The project seeks to provide HIV and Hepatitis C prevention, testing, and referral services as well as linkages to substance abuse treatment to at-risk ethnic and/or racial minority older adults (aged 50+). Our goals include increasing community awareness and involvement in the escalating problem of HIV infection and substance abuse in the 50+ population on Long Island.

## FACTS

■ 29% of new HIV infections diagnosed in 2009 were among people age 50 and over

■ The prevalence of HIV among the 50 and over population reflects various risk factors including:

- Sexual enhancers (i.e. Viagra)
- Decreased condom use because of reduced risk of pregnancy
- Injection and non-injection substance use. According to the CDC, in 2005 HIV transmission through injection drug use accounted for more than 16% of AIDS cases among persons over the age of 50
- Reluctance to discuss risky behaviors with health care providers

■ According to a study conducted by Columbia University, 45% of people over 50 report HIV risk factors including multiple partners, STDs, and/or substance use

■ Healthcare professionals sometimes underestimate older patients' risk for HIV and miss opportunities to deliver prevention messages, offer HIV testing or make timely diagnoses

## THE SEASONED ADULT PROJECT FEATURES:

- Free and confidential HIV rapid testing and counseling
- Free and confidential facilitation of Hepatitis C screening
- Referrals to primary health care and mental health treatment services
- Group and individual-level education sessions regarding HIV and Substance Abuse among older adults
- Certified Alcoholism and Substance Abuse Counselor (CASAC) re-credentialing workshops for professionals that address the link between HIV and Substance Abuse among older adults
- Substance abuse screenings and assessments
- Instant and direct linkages to substance abuse treatment and case management services

## HEALTHY AGING CHECKLIST

- Breast/Prostate Exam     Blood Pressure  
 Diabetes Screen     HIV Test     HepC

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Did you check **HIV** on your list?